

※スケジュールやプログラム、担当インストラクターは変更となる場合があります

DATE	PROGRAM	INSTRUCTORS
11/10 (Mon) 10:30 - 11:15 (45)	 GROUP groove	 Kyo
11/10 (Mon) 11:45 - 12:30 (45)	 GROUP CENTERGY	 Eri
11/10 (Mon) 13:00 - 13:30 (30)	 GROUP ACTIVE	 Eri
11/10 (Mon) 15:30 - 16:00 (30)	 R30	 Saori
11/10 (Mon) 16:30 - 17:00 (30)	 GROUP CENTERGY	 Saori
11/13 (Thu) 10:30 - 11:00 (30)	 GROUP groove	 Minami
11/13 (Thu) 11:30 - 12:15 (45)	 GROUP CENTERGY	 Minami

DATE	PROGRAM	INSTRUCTORS
11/13(Thu) 13:30 - 14:15 (45)	 GROUP ACTIVE	 Chika
11/13(Thu) 14:45 - 15:15 (30)	 GROUP POWER	 Chika
11/14 (Fri) 11:00 - 11:30 (30)	 MOVE30	 Kiku
11/14 (Fri) 12:00 - 12:45 (45)	 GROUP BLAST	 Kiku
11/14 (Fri) 14:30 - 15:00 (30)	 GROUP CORE	 Matsu
11/14 (Fri) 15:30 - 16:00 (30)	 3D30	 Matsu
11/25 (Tue) 10:30 - 11:15 (45)	 GROUP fight	 Kazu
11/25(Tue) 14:30 - 15:15 (45)	 GROUP POWER	 Hiro