

※スケジュールやプログラム、担当インストラクターは変更となる場合があります

DATE	PROGRAM	INSTRUCTORS
12/15 (Mon) 11:45 - 12:30 (45)	 <b>GROUP CENTERGY®</b>	 <b>Eri</b>
12/15 (Mon) 13:00 - 13:30 (30)	 <b>GROUP ACTIVE®</b>	 <b>Eri</b>
12/15 (Mon) 15:30 - 16:00 (30)	 <b>R30®</b>	 <b>Saori</b>
12/15 (Mon) 16:30 - 17:00 (30)	 <b>GROUP CENTERGY®</b>	 <b>Saori</b>
12/16 (Thu) 10:30 - 11:15 (45)	 <b>GROUP fight™</b>	 <b>Kazu</b>
12/16 (Thu) 14:30 - 15:15 (45)	 <b>GROUP POWER®</b>	 <b>Hiro</b>
12/18 (Thu) 10:30 - 11:00 (30)	 <b>GROUP groove®</b>	 <b>Minami</b>
12/18 (Thu) 11:30 - 12:15 (45)	 <b>GROUP CENTERGY®</b>	 <b>Minami</b>

DATE	PROGRAM	INSTRUCTORS
12/18 (Thu) 13:30 - 14:15 (45)	 <b>GROUP ACTIVE</b>	 <b>Chika</b>
12/18 (Thu) 14:45 - 15:15 (30)	 <b>GROUP POWER</b>	 <b>Chika</b>
12/19 (Fri) 11:00 - 11:30 (30)	 <b>MOVE30</b>	 <b>Kiku</b>
12/19 (Fri) 12:00 - 12:45 (45)	 <b>GROUP BLAST</b>	 <b>Kiku</b>
12/19 (Fri) 14:30 - 15:00 (30)	 <b>GROUP CORE</b>	 <b>Matsu</b>
12/19 (Fri) 15:30 - 16:00 (30)	 <b>3D30</b>	 <b>Matsu</b>